

A Special Event For Advance Practice Nurses, NP's, Nurse Midwives, Nurse Anesthetists and Nurse Specialists

YOUR PRESCRIPTION FOR LIFE

What if you could lose 2-4 pounds per week without shopping, cooking or counting calories with time tested Medifast Meal replacements?
What if you could have the support of a caring, qualified health professional along the way?
And, what if you could reach a healthy weight while learning the habits for keeping the weight off for life?

Welcome to the Take Shape For Life program!



You are invited to join your colleagues for a dinner lecture **“Creating Health for Your Patients and Your Practice: Finally an Effective Weight Management Program.”** Presented by Dr. Mark Nelson, Board Certified Cardiologist, Certified Health Coach and Presidential Director: Take Shape for Life and Mr. Dominic Tarinelli, Certified Health Coach and Global Director: Take Shape for Life.

Take Shape for Life is a comprehensive approach to obesity allowing your patients to lose weight and maintain a healthy weight while learning the Habits of Health.

- Patients lose 2-5 pounds per week without hunger or muscle loss.
- Lower or eliminate your patients' medications.
- Turn key operation, easy implementation, all training provided.
- Generate additional revenue (not controlled by managed care) without additional overhead.

Hosted by:
Dr. Mark Nelson and Mr. Dominic
Tarinelli: Take Shape for Life
for the Advance Practice Nurses of
Chattanooga, Tenn.

When: February 16, 2010
Meeting and Presentation
6:30 to 9pm

Where: Sushi Nabe
110 River Street
Chattanooga, Tennessee
423 634-0171
Please RSVP to Dr. Nelson at
mnelsonmd@nycap.rr.com